



Dear freinds of swimming,

Welcome to the Race Days 2025. I look forward to welcoming you to Dortmund's Südbad.

I would like to send you some more information so that you can also experience successful Race Days.

Due to the high number of entries in the first section, we have to change our starting times. Warm up is at 7.30 am, start at 8.30 am.



If you arrive by car, please use the HDI parking garage directly at the Südbad. It is open until 22:00. There are no more free parking spaces around the Südbad on weekdays! I would also like to point out that the Dortmund public order office carries out regular checks and rigorously removes parking offenders.

In addition, a motorcycle trade fair is taking place in the Westfalenhallen.

Please do not be confused by the parking guidance system if it indicates that the HDI parking garage is closed!

The division of our event with the younger age groups in the morning and the older ones in the afternoon gives you the opportunity to get to know Dortmund a little better. If you need any suggestions, please send me an e-mail. You can also find some tips on www.swimracedays.com

And if your athletes have time between their competitions or their siblings are bored of watching, they are sure to find a distraction in our games area.





I would also like to point out the emergency exits in the swimming pool hall and in the changing area. These must be kept clear at all times!

There is plenty of seating on the heated benches in the south pool. Anyone who brings a folding chair and sets it up can of course do so. For safety reasons, it is strictly forbidden to set up chairs on the heated benches! I ask all coaches and supervisors to ensure compliance.





Our partner, the Café-Bistro-Südbad, will take care of your physical well-being. You can pre-order dinner on Friday or lunch on Saturday and Sunday until February 24 via a link on our event homepage www.swimracedays.com.

A new home for spider monkeys - our contribution to species and climate protection



We are aware of our social responsibility and want to actively support a social project, a social institution or a social commitment every year. This year, we are supporting the construction of a new, near-natural enclosure for the white-bellied spider monkeys in Ecuador with a portion of the registration fees.

spider monkeys in the Ecuadorian Amazon region. This project is particularly close to our hearts, as our trainer Naomi Dorn is currently spending her voluntary social year at ama-ZO-Onico and has told us about the impressive work being done there. If you would also like to do something for this project, take a look at https://www.amazoonicorescue.org/

And here are a few tips for those who have some time and would like to get to know Dortmund:

What would Dortmund be without soccer? On the one hand, of course, there is BVB. You can book a stadium tour at https://www.ticket-onlineshop.com/ols/bvbstadion/ .



The Borusseum is also worth a visit:

https://www.bvb.de/Der-BVB/BORUSSEUM-Das-Borussia-Dortmund-Museum/Borusseum

And for all non-BVB fans there is also the German Football Museum. You can find information here: https://www.fussballmuseum.de/





How about a visit to a colliery? Guided tours are offered in the morning and afternoon on Sunday. A "performative tour" of the special exhibition "This is colonial" takes place at 2 p.m. on both days. Information under: https://zeche-zollern.lwl.org/de/veranstaltungen/

A visit to the nature museum is also interesting. https://www.dortmund.de/dortmund-erleben/freizeit-und-kultur/museen/naturmuseum-dortmund/index-2.html



From 10:00 to 21:00, you can see the light art "In the realm of the pharaohs" in the Phoenix des Lumières. https://phoenix-lumieres.com/de

And if you would like to find out more about events in Dortmund, you are sure to find something suitable here.https://www.dortmund.de/dortmund-erleben/veranstaltungskalender/

Now I wish you a pleasant journey and

Be ready! It's Race Day!

Stefan Ryschawy